

Lady of the Lake



By Pat Speth, 41" x 49 1/2"
Finished block size 7 1/2"

Lady of the Lake

Quilt Size 41" x 49 1/2"

Waste Triangle Project

© Pat Speth, author of the **Nickel Quilt**® books and **Five Inch Is a Cinch**® patterns

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Block Size: 7 1/2"

Block Set: 4 x 5

Number of Blocks: 20

Half-Square-Triangles needed for quilt: 400

Half-Square-Triangles needed for each block: 20

This quilt is made from waste triangles that are trimmed to 1 3/4" square.

Other Materials

42" wide fabric (40" of usable width after washing and removing selvages).

Assorted dark or medium 6" squares: 10

Light fabric used in the large Half-Square-Triangles and sashing: 7/8 yd

Cornerstones: 2 dark or medium 5" squares

Inner border: 1/3 yd

Outer border and binding: 1 1/8 yds

Backing: 2 3/4 yds

Batting: 45" x 54"

Cutting

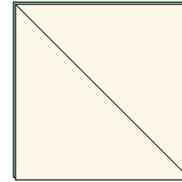
First Cut

Second Cut

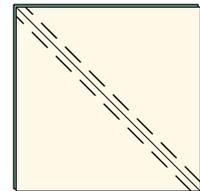
	No. of Strips	Strip Width	No. of Pieces	Piece Size
Background	2	6"	10	6" x 6"
Sashing	7	1 1/2"	31	1 1/2" x 8"
Inner border	5	1 1/2"		
Outer border	5	3 1/4"		
Binding	6	2 1/2"		

Making the Blocks

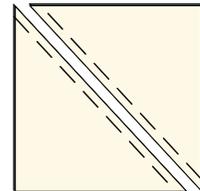
1. Draw a diagonal line on the wrong side of a 6" square of background fabric. With right sides together, place the marked background square on top of a square of the main fabric.



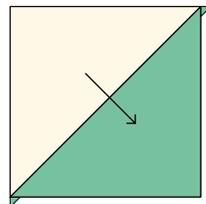
2. Stitch a "scant" 1/4" wide seam on both sides of the diagonal line.



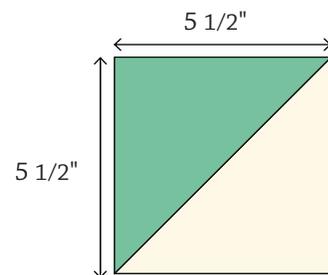
3. Cut along the diagonal line to yield two half-square-triangle units.



4. Press to set the stitching; then press the seam toward the dark fabric.

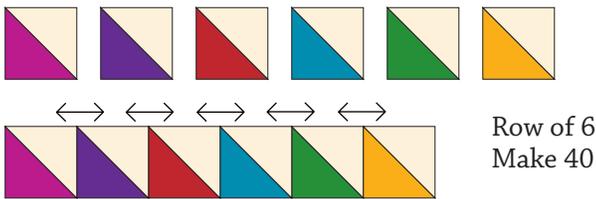
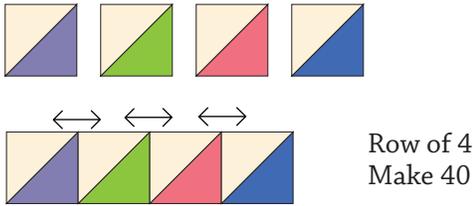


5. Trim unit to 5 1/2" square.

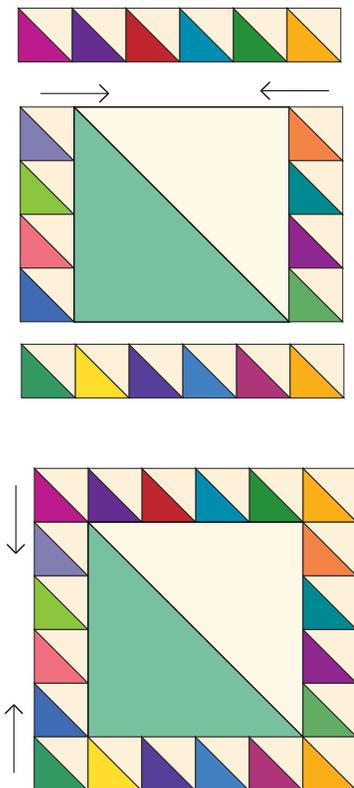


Half-Square-Triangle Unit

6. Arrange the waste triangles into the following sections and sew together pressing the seams open. Note that the orientation of the half-square-triangles in the rows of 4 and the rows of 6 are different.



7. Arrange the units from steps 5 and 6 according to the diagram. Sew the units in each row together; press the seams in the directions indicated. Sew the rows together; press. The block should measure 8" at this point.

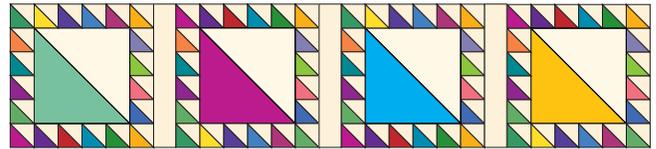


Lady of the Lake Block

Assembling the Quilt Top

1. For the cornerstones cut twelve 1 1/2" squares from two 5" squares.

2. Refer to the quilt plan to alternately arrange the blocks and sashing strips on your design wall as shown to make the block rows. Alternately arrange the sashing strips and cornerstones to make the sashing rows. Sew the pieces in each row together; press the seams toward the sashing pieces. Sew the rows together; press the seams toward the sashing rows.



Block Row



Sashing Row

3. To determine the cut length of the side-border strips, measure the length of the quilt-top through the center. Cut side inner border and outer border strips to this length. Sew the inner-border strips to the outer-border strips and press the seams toward the outer border.



4. Sew the combined side borders to the quilt top and press the seams toward the borders. Repeat to add the combined top and bottom borders to the quilt top measuring the width of the quilt through the center, including the borders you just added.